



**Family Service  
Collaboratives**

*Working together to build better lives for children and families.*

Northern St. Louis County,  
Minnesota

# 2018 Program Report

*Service Delivery & Capacity Building Programs*

***12-months ending December 31, 2018***



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## NSLCFSC 2016-2018 Strategic Plan

### Mission

The Northern St. Louis County Family Service Collaborative serves children and families by encouraging collaboration of integrated family-centered services, which provide education, advocacy, and support.

### Values

- Appreciate the diversity of community populations
- Promote and recognize local needs and priorities
- Facilitate collaboration among agencies
- Cooperate rather than compete with each other
- Focus on prevention and early intervention
- Respect the contribution of parents and children and to empower them
- Maximize existing resources to better serve communities
- Improve on or change existing systems to better serve our community
- Accountable for measurable outcomes

### Goals

1. Early Childhood: Create and support efficient and effective early childhood regional efforts that positively affect young children and their families.
2. Mental Health: Support positive mental health services that meet the needs of children and their families.
3. Student Transitions: Strengthen family stability and academic achievement for successful student transitions.

### History: Collaboratives in Minnesota

The Collaborative movement dates back more than two decades. In 1991, Governor Arne Carlson created the Action for Children Commission to create a vision for Minnesota children and families and recommend changes in service delivery systems. The Commission's final report, "Kids Can't Wait," initiatives were planned. Governor Carlson created the Children's Cabinet at the Executive Branch level.

During this time, Minnesota was one of five states to receive for funding from the Pew Charitable Trust, enabling communities to consider how to provide more support for families by reconfiguring and integrating service delivery systems. To initiate some of the collaborative planning that would be required in this competitive grant process, the state selected three communities as pilot sites: St. Paul, Cass County, and Becker County. Working with state agency representatives, these communities became engaged in an intensive and comprehensive planning process.

In 1993, the Minnesota Legislature provided funding to enable the State to reach more communities with these initiatives. The grant funds served as incentives for communities to collaborate on behalf of children and families.

Three major sources of grant funds supported the implementation of the collaborative initiatives across Minnesota: Family Services and Community-Based Collaborative funds, Children's Mental Health Collaborative funds, and funds provided by the Pew Charitable Trust Children's Initiative. Implementation grants helped to establish Family Service, Children's Mental Health, or joint Family Service/Children's Mental Health Collaboratives in 90 Minnesota counties.

Communities that received funds had to plan and implement changes in their local systems to better service children and families. Communities also had to establish measurable outcomes. Major stakeholders included private agencies, non-profit agencies, school districts, county governments, and community action agencies.

## History: NSLCFSC

In 1994, the Hibbing Family Resource Center Collaborative was established. In 1995, the Northern St. Louis County Family Services Collaborative was established. In July 2002, the two Collaboratives merged into one entity to provide a more geographically comprehensive approach to service delivery. Since 2002, a Joint Powers Agreement has held the Collaborative together. The remaining northern St. Louis County school districts became Collaborative members between 2001 and 2003. Since 2001, the Collaborative has primarily funded a school based mental health program known as ADAPT. ADAPT (aka Children’s Therapeutic Supports and Services) is primarily based in elementary schools.

### 2018 Governing Board Members

<b>Wally Kostich, Chair</b>	Arrowhead Regional Corrections
<b>Brian Yuretich, Vice Chair</b>	Northland Learning Center
<b>Gregg Allen</b>	Mesabi East Schools
<b>Janis Allen</b>	Range Mental Health Center
<b>Janey Blanchard</b>	Chisholm Schools
<b>Jeff Carey</b>	Eveleth-Gilbert Schools
<b>Jerry Crittenden</b>	AEOA – Head Start
<b>Reggie Engebritson</b>	Mountain Iron - Buhl Schools
<b>Janene Glyn</b>	Essentia Health
<b>Christine Lundemo</b>	Bois Forte – Head Start
<b>Anne Oelke</b>	Ely Schools
<b>Gary Pernu</b>	Virginia Schools
<b>DaNeil Sirjord</b>	St. Louis County Schools
<b>Dani Spolarich</b>	Arrowhead Center
<b>Jamie Stauty</b>	Lutheran Social Service
<b>Paula Stocke</b>	St. Louis County – Social Services
<b>Michelle Ufford</b>	Career Force
<b>James Varichak</b>	Nett Lake Elementary
<b>Ranae Villebrun</b>	Floodwood Schools
<b>Amy Westbrook</b>	St. Louis County – Public Health
<b>Melissa Wright</b>	Bois Forte – Social Services

## Financials

The Local Collaborative Time Study (LCTS) is the Collaborative’s only revenue stream. LCTS is a process of claiming federal revenue through Title IV-E (Adoption and Foster Care) and Title XIX (Medical Assistance). Public schools, corrections and public health staff that meet qualifying criteria can participant. LCTS revenue goes into an integrated fund and is for prevention and early intervention services. The Collaborative Board is responsible for the distribution of these funds.

The Collaborative’s 2017 carryover was \$451,600. As of December 31, 2018, the fund-balance totaled \$474,700. Revenue and interest totaled \$321,200 for the 12-months ending December 31, 2018, and expenditures totaled \$298,200 for the same period.

## Funding Requests

For the 12-month ending December 31, 2018, the Collaborative Board reviewed eight non-competitive grant applications and approved seven applications. The average grant ranged between \$1,900 and \$189,300.

The table below is a summary of the partners that had 2018 funds available to them. Program evaluations were included if a partner received funds between January 1, 2018 and December 31, 2018. Collaborative staff did not edit any narrative within the evaluations.

Partner & Program	Award/ Available/ Utilized	Description and Outcomes	Exhibit
<b>Service Delivery</b>			
<b>Iron Range Schools – ADAPT</b>	\$189,300/ 189,300/ 189,300	Range Mental Health Center (RMHC) staff in schools throughout Northern St. Louis County. RMHC Staff are known as ADAPT staff in schools. ADAPT staff work with school staff, parents and community resources to help students be successful in school who may have social, emotional and/or behavior issues.  Outcome #1- The ADAPT program will have high parent engagement and satisfaction.  Outcome #2- The ADAPT program will have high student satisfaction.  Outcome #3- The ADAPT program will have high teacher satisfaction.	<b>A</b>
<b>Range Mental Health – ADAPT Transportation</b>	\$25,000/ 25,000 25,000	The summer ADAPT program is to enhance and sustain the skills learned by students during the school year. The summer programming assists in preventing a decline in student progress during the summer break. Offering has improved attendance, as some caregivers are unavailable to transport their child.  Outcome #1- Increase participation of the number of enrolled at the start of the program vs. number completing the programming each year.	<b>B</b>
<b>Collaborative – Circle of Security Groups #1 and #2</b>	\$10,000 ea./ 10,000 ea./ 200	The COS program provides examples of secure and problematic parent/child interaction and healthy options in care giving. Circle of Security Parenting implements decades of attachment research in an accessible systematic process for use in group settings, home visitation, or individual counseling. The goals are to have a common language across Northern St. Louis County (i.e. agencies and parents); and to have a common tool employees can use to teach caregivers about attachment theory.	<b>C</b>

		<p>Outcome #1- Offer highly credible COS Parent Group pilots. COS Parent Groups were previously not accessible to rural St Louis County.</p> <p>Outcome #2- Caregivers value and use the information learned in COS Groups; and there has been a positive shift in the child’s behavior.</p>	
<p><b>Northland Learning Center – REACH</b> Transportation</p>	<p>\$1,875/ 1,875/ 1,875</p>	<p>The REACH program strives to build meaningful connections with students by supporting them in their mental/emotional health and academic success. The annual REACH conference, held in Hutchinson, MN, creates unity among the 20+ REACH schools in Minnesota. The funds allowed 60 students and 10 adults to attend the event.</p> <p>Outcome #1- At least 2 more area schools (Chisholm and North Woods) implement REACH in the coming 2018-19 school year.</p> <p>Outcome #2- Expand on educational and scholarship opportunities applied through conference.</p>	D
<b>Capacity Building</b>			
<p><b>Collaborative –</b> Mind Body Medicine Training</p>	<p>\$15,000/ 15,000/ 8,100</p>	<p>The goal is to expand the REACH program by adding more classes in a high school and/or expanding to other high schools. A pediatrician has been assisting with the social and emotional component of the program. We need to fill that component as the program expands. We plan to do that by bringing the Center for Mind Body Medicine to North Woods High School to train teachers and other community agencies on the curriculum.</p> <p>Outcome #1- Students participating in the REACH program will be engaged in school.</p>	E
<p><b>Collaborative –</b> Iron Range Childcare Training</p>	<p>\$10,000/ 10,000 5,000</p>	<p>The training attracted potential daycare providers and offset the costs associated with running a center or in-home care. The Iron Range is short approximately 625 childcare openings and the region/community wants quality providers. United Way of Northeastern MN, Childcare Aware, and Northland Foundation committed dollars to support the training.</p> <p>Outcome #1- Attract new daycare providers (center or in-home).</p> <p>Outcome #2- Support existing daycare providers by offering a high quality training.</p>	F
<p><b>Northland Learning Center – REACH Liaison</b></p>	<p>\$8,000/ 2,000/ 0</p>	<p>The mission of the REACH program is to reach out and serve all students by providing unconditional support, a safe and trusting space, and the confidence necessary to achieve their dreams and lifelong happiness. The liaison works with local REACH schools to increase information sharing, provide mentorship, fundraising, and data collection.</p> <p>Outcome #1- Increase communication and sharing of resources between REACH teachers in northern St. Louis County. All done in hopes of the program expanding within existing and in other districts in the area and retention of existing programs and staff.</p>	

<p><b>United Way – Bridges out of Poverty</b></p>	<p>\$5,000/ 5,000/ 5,000</p>	<p>Bridges out of Poverty was a training that assists participants in understanding poverty and generational poverty. The training was free to participants. Participants included nonprofit agencies, providers, and social service employees understand their clients.</p> <p>Outcome #1- Help communities move individuals from poverty to self-sufficiency.</p> <p>Outcome #2- Help communities reduce social costs related to crime, poor health, and welfare.</p> <p>Outcome #3- Help individuals strengthen educational attainment, enhancing economic development and improving on-the-job productivity.</p>	<p><b>G</b></p>
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**Outlook**

The Northern Collaborative is financial stable and has the ability to make significant contributions to Iron Range communities that are within St. Louis County.

**Governing Board Members and partners - THANK YOU  
for your time and energy!**