

Teen Intervene

An early intervention program designed for students who display early signs of alcohol or drug problems, but are not yet at the stage of daily use or substance dependence.

Who Can Participate?

Teen Intervene is a model appropriate for students ages 13-19. Students can be referred to the county by school counselors, school professionals, police officers, or any other concerned adult.

Why Participate in Teen Intervene?

The program emphasizes individualized behavior change goals and provides students the opportunity to learn new skills that promote healthier behaviors.

Program Session Include:

- ⇒ A total of three 1-hour sessions.
- ⇒ Two of the 1-hour sessions are held between the student and the program facilitator.
- ⇒ The third 1-hour session includes the student's parents/guardians, if appropriate.

How to Get Started

Contact Jana Blomberg

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Did You KNOW...

Teen Intervene Student Sessions will be held at the school during school hours.

This program is offered FREE through St. Louis County Public Health & Human Services.

Teen Intervene helps to bridge the gap between treatment needs and treatment availability to adolescents.

Program can provide referral to additional treatment assessments if needed.



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