

PSOP Services may be offered
to the family,
or families may request
services.

Who To Contact:

Call St. Louis County Public
Health & Human Service
Department:

Toll Free: 800-450-9777

Virginia: 218-471-7128

Duluth: 218-726-2012

Hibbing: 218-262-6000

Ask for the Intake Screener



Or visit our website at:

www.stlouiscountymn.gov

St. Louis County Public Health & Human Service Department
Northland Office Building
307 South First Street
P.O. Box 1148
Virginia, Minnesota 55792

PARENT SUPPORT
OUTREACH
PROGRAM

PSOP

Positive support to families of
St. Louis County



~Supportive Intervention~

~Preventative Services~

St. Louis County Public Health
& Human Service Department

PARENT SUPPORT OUTREACH PROGRAM –

PSOP:

- Provides assistance to families in a voluntary, supportive manner
- Promotes safety of children, good parenting and family well-being
- Gears services to target the needs that the family identifies
- Provides early intervention to prevent child maltreatment
- Works to keep families together and prevent out of home placement through safety planning
- Promotes healthy family relationships

➤ Assists with meeting basic needs for children and families that could include housing, food, clothing, transportation, etc.

➤ Connects families to community resources and supports such as child care, food support, mental health services, or additional supports depending on need

➤ Also assists with referrals to others social services, free health clinics, child development screenings, and Family Group Decision Making*

➤ Assists with parenting education and information

*Family Group Decision Making is available through St. Louis County Public Health and Human Services to families that may need help to develop or deepen supportive relationships with extended family members and other informal supports.

Who can receive Parent Support Outreach Services?

➤ Families who have at least one child age 10 or younger

➤ Families that have had a maltreatment report that does not meet criteria for child protection

➤ Families who have a need for assistance due to:

- ★ Poverty
- ★ Mental health issues
- ★ Domestic abuse
- ★ Substance abuse
- ★ Child behavior concerns
- ★ Homelessness
- ★ How to discipline
- ★ Experiencing a difficult time parenting
- ★ Or other barriers

PSOP Services are:

- Voluntary
- Free of charge
- In your home
- Family-centered
- Solution focused
- Strength-based
- Time limited